

מִוֹדָה אֲנִי לְפָנֶיךָ מֶלֶךְ חַי ,
וְקַיָּם

שְׁהַחֲזַרְתָּ בִּי נִשְׁמָתִי בְּחַמְלָה
רַבָּה אֶמְוִנְתְּךָ

Modeh ani l'fanecha, Melech
chai v'kayam, s'hechezarta bi
nishmati b'chemlah, rabah
emunatecha.

*I gratefully thank You, Oh
living and eternal King, for
You have returned my soul
within me with compassion –
abundant is Your faithfulness!*



תּוֹרַה צְוִיָּה לָנוּ מִשֵּׁה מוֹרָשָׁה קְהֵלֵת יַעֲקֹב

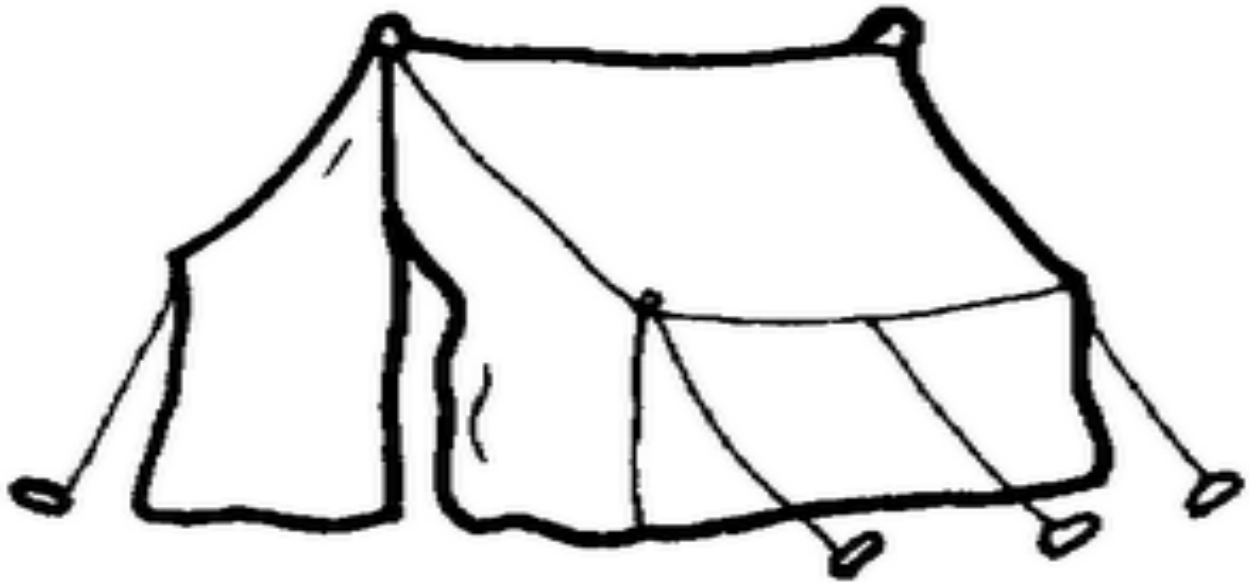
Torah tzviah lanu Moshe, Morasha k'hilat Yaakov.

*The Torah which Moses commanded us is the heritage of the
congregation of Jacob.*

בְּטֶרֶם כֹּל יִצִיר נִבְרָא.	אָדוֹן עוֹלָם אֲשֶׁר מָלַךְ,
B'terem kol yatzir nivra	Adon olam asher malach
אֲזִי מֶלֶךְ שְׁמוֹ נִקְרָא.	לַעֲת נַעֲשֶׂה בְּחֶפְצוֹ כֹּל,
Azi melech shemo nikra	L'et nasah b'cheftzo kol
לִבְדּוֹ יִמְלֹךְ נֹרָא.	וְאַחֲרַי כְּכֹלֹת הַכֹּל,
Livado imloch nora	V'acharei kichlot ha'kol
וְהוּא יְהִיָּה בְּתִפְאַרָה.	וְהוּא הָיָה וְהוּא הוֹוֶה,
V'hu ihieh b'tifara	V'hu hayah v'hu hoveh
לְהַמְשִׁיל לוֹ לְהַחְבִּירָה.	וְהוּא אֶחָד וְאֵין שֵׁנִי,
L'hamshil lo lihachbira	V'hu echad v'ain sheni
וְלוֹ הָעֵז וְהַמְשָׁרָה.	בְּלִי רֵאשִׁית בְּלִי תַכְלִית,
V'lo ha'oz v'hamisra	B'li reishit b'li tachlit
וְצוּר חֶבְלֵי בְּעֵת צָרָה.	וְהוּא אֵלֵי וְחֵי גּוֹאֲלֵי,
V'tzur chevli b'ait tzara	V'hu eili v'chai goali
מִנַּת כּוֹסֵי בְּיוֹם אֶקְרָא.	וְהוּא נִסִּי וּמְנוֹס לִי,
Minat kosi b'yom eikra	V'hu nisi u'manos li
בְּעֵת אִישָׁן וְאַעִירָה.	בְּיָדוֹ אֶפְקִיד רוּחֵי,
B'et ishan v'a'irah	B'yado afkid ruchi
יְהוּה לִי וְלֹא אֵירָא.	וְעַם רוּחֵי גְוִיָּתִי,
Adonoi li v'lo eira	V'im ruchi g'viati

*Master of the Universe, who reigned
before any form was created,
At the time when His will brought all into being –
then as King was His Name proclaimed.
After all has ceased to be,
He, the Awesome One, will reign alone.
It is He who was, He who is,
and He who shall remain, in splendor.
He is One – there is no second
to compare to Him, to declare as His equal.
Without beginning, without conclusion -
His is the power and dominion.
He is my God, my living Redeemer,
Rock of my pain in time of distress.
He is my banner, a refuge for me,
the portion in my cup on the day I call.
Into His hand I shall entrust my spirit
when I go to sleep – and I shall awaken!
With my spirit shall my body remain.
HASHEM is with me, I shall not fear.*

מָה טבו אהֲלִיךָ יַעֲקֹב, מִשְׁכְּנֹתֶיךָ יִשְׂרָאֵל
וְאֲנִי בְּרַב חֲסֻדָּךָ אָבוֹא בֵּיתְךָ, אֲשַׁתְּחֶנּוּ אֶל הַיְכָל קִדְשְׁךָ
בִּירְאָתְךָ
יְהוָה אֶהְבֵּתִי מְעוֹן בֵּיתְךָ, וּמִקּוֹם מִשְׁכַּן כְּבוֹדְךָ
וְאֲנִי אֲשַׁתְּחֶנּוּ וְאֶכְרַעָה, אֶבְרַכָּה לְפָנָי יְהוָה עֹשֵׂי
וְאֲנִי, תְּפִילַּתִּי לָךְ יְהוָה, יַעַת רְצוֹן, אֱלֹהִים בְּרַב חֲסֻדָּךָ, עֲנֵנִי
בְּאֵמַת יִשְׁעֶךָ



*Mah tovu ohalecha Yaakov, mishkenotecha Yisrael.
V'ani b'rov chasdecha, ehvoa beitecha, eshtachaveh el
h'yachal kadshecha b'iratecha.
Adonoi ahavti m'aon beitecha, u'makom mishkan c'vodecha.
V'ani eshtachaveh v'echra'ah, ehvr'cha lifnei Adonoi osi.
V'ani, t'filati lecha Adonoi, et ratzon, elohim b'rav chasdecha,
aneini b'emet yishecha.*

*How goodly are your tents, O Jacob, your dwelling places, O
Israel. As for me, through Your abundant kindness I will enter
Your House; I will prostrate myself toward Your Holy Sanctuary
in awe of You. O HASHEM, I love the House where You dwell,
and the place where Your glory resides. I shall prostrate
myself and bow, I shall kneel before HASHEM my Maker. As for
me, may my prayer to You, HASHEM, be at an opportune time;
O God, in Your abundant kindness, answer me with the truth of
Your salvation.*

נִמְצָא וְאֵין עֵת אֶל מְצִיאֹתוֹ. Nimtza v'ain et el m'tziuto	יִגְדַל אֱלֹהִים חַי וְיִשְׁתַּבַּח, Yigdal elohim chai v'yishtabach
נְעֵלָם וְגַם אֵין סוֹף לְאַחֲדוּתוֹ. Nelam v'gam ain sof l'achduto	אֶחָד וְאֵין יְחִיד כְּיַחֲדוֹ, Echad v'ain yachid k'yechudo
לֹא נִעְרוֹךְ אֵלָיו קִדְּשָׁתוֹ. Lo na'aroch elav k'dushato	אֵין לוֹ דְמוּת הַגּוּף וְאֵינוֹ גּוּף, Ain lo damut ha'guf v'aino guf
רִשּׁוֹן וְאֵין רִאשִׁית לְרִאשִׁיתוֹ. Rishon v'ain reishit l'reishito	קִדְמוֹן לְכָל דְבַר אֲשֶׁר נִבְרָא, Kadmon l'col davar asher nivra
יֹרֵה גְדֻלָּתוֹ וּמַלְכוּתוֹ. Yoreh g'dulato u'malchuto	הֵנוּ אֲדוֹן עוֹלָם לְכָל נוֹצָר, Hinu adon olam l'col notzar
אֶל אַנְשֵׁי סְגֻלָּתוֹ וְתִפְאַרְתּוֹ. El anshi s'gulato v'tifarto	שִׁפְעַ נְבוֹאָתוֹ נְתָנוּ, Shefa n'vuato n'tanu
נְבִיא וּמַבִּיט אֶת תְּמוּנָתוֹ. Navie umbit et t'munato	לֹא קָם בְּיִשְׂרָאֵל כְּמֹשֶׁה עוֹד, Lo kam b'Yisrael k'moshe od
עַל יַד נְבִיאָו נֶאֱמַן בֵּיתוֹ. Al yad n'viu n'eman beito	תּוֹרַת אֱמֶת נָתַן לְעַמּוֹ אֵל, Torat emet natan l'amo el
לְעוֹלָמִים לְזוּלָּתוֹ. L'olamim l'zulato	לֹא יַחְלִיף הָאֵל וְלֹא יִמִּיר דָּתוֹ, Lo yachalif ha'el v'lo yamir dato
מַבִּיט לְסוֹף דְבַר בְּקִדְמוּתוֹ. Mabit l'sof davar b'kadmato	צוֹפֵה וְיֹדֵעַ סְתֵרֵינוּ, Tzofeh v'yodeah s'tareinu
נוֹתֵן לְרָשָׁע רַע כְּרִשְׁעָתוֹ. Noten l'rasha ra c'resha'ato	גּוֹמֵל לְאִישׁ חֶסֶד כְּמִפְעָלוֹ, Gomel l'ish chesed k'mifa'alo
לְפָדוֹת מְחַכֵּי קֶץ יְשׁוּעָתוֹ Lifdot m'chakey ketz yeshua'ato	יִשְׁלַח לְקֶץ הַיָּמִין מְשִׁיחֵנוּ Yishlach l'ketz ha'yamin m'shicheinu

מִתִּים יְחִיָּה אֵל בְּרַב חֶסֶדוֹ בְּרוּךְ עַדֵי עַד שֵׁם תְּהִלָּתוֹ

Baruch adei ad shem tehilato Metim yechiah el b'rov chasdo

Exalted be the living God and praised,

He exists – unbounded by time is His existence.

He is One – and there is no unity like His Oneness.

Inscrutable and infinite is His Oneness.

He has no semblance of a body, nor is He corporeal;

nor has His holiness any comparison.

He preceded every being that was created -

the First, and nothing precedes his precedence.

Behold! He is Master of the universe to every creature,

He demonstrates His greatness and His sovereignty.

He granted His flow of prophecy

to His treasured splendorous people.

In Israel none like Moses arose again -

a prophet who perceived His vision clearly.

God gave His people a Torah of truth,

by means of His prophet, the most trusted of His household.

God will never amend nor exchange His law

for any other one, for all eternity.

He scrutinizes and knows our hiddenmost secrets;

He perceives a matter's outcome at its inception.

He recompenses man with kindness according to his deed;

He places evil on the wicked according to his wickedness.

By the End of Days He will send our Messiah,

to redeem those longing for His final salvation.

*God will revive the dead in His abundant kindness -
Blessed forever is His praised Name.*

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ עַל
נְטִילַת יַדַיִם

Baruch ata Adonoi, eloheinu melekh ha'olam, asher kidishanu b'mitzvotav
v'tzivanu al netilat yadayim.

*Blessed are You, Hashem, our God, King of the universe, Who has sanctified us
with His commandments and has commanded us regarding washing the hands.*

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר יָצַר אֶת הָאָדָם בְּחָכְמָה
וּבְרָא בוּ נְקָבִים וְנְקָבִים חֲלוּלִים חֲלוּלִים. גָּלוּי וְיָדוּעַ לְפָנֶי כֹסֵא כְבוֹדְךָ
שָׂאֵם יִפְתַּח אֶחָד מֵהֶם אוֹ יִסְתֵּם אֶחָד מֵהֶם אִי אֶפְשָׁר לְהִתְקַיֵּם
וְלַעֲמֹד לְפָנֶיךָ אֶפִּילוּ שְׂעָה אַחַת. בְּרוּךְ אַתָּה יְהוָה רוֹפֵא כָּל בָּשָׂר
וּמְפַלֵּיא לַעֲשׂוֹת

Baruch ata Adonoi, eloheinu melekh ha'olam, asher yatzer et ha'adam b'hachma
u'bara bo n'kavim chalulim chalulim. Galui v'yadua lifnei kisay k'vodecha sh'im
yiftach echad m'hem oh yisatam echad m'hem ei efshar lhetkim ula'amod
lifanecha afilu sh'ah echat. Baruch ata Adonoi, rofa kol basar u'maflia la'asot.

*Blessed are You, Hashem, our God, King of the universe, Who fashioned man
with wisdom and created within him many openings and many cavities. It is
obvious and known before Your Throne of Glory that if but one of them were to
be ruptured or but one of them were to be blocked, it would be impossible to
survive and to stand before You. Blessed are You, Hashem, Who heals all flesh
and acts wondrously.*

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ
לְעֲסוֹק בְּדִבְרֵי תוֹרָה

Baruch ata Adonoi eloheinu melech ha'olam asher kidashanu b'mitzvotav
vitzivanu la'asok b'divrei Torah.

*Blessed are You, HASHEM, our God, King of the universe,
Who has sanctified us with His commandments and has commanded us to
engross ourselves in the words of Torah.*

וְהָעֶרֶב נָא יְהוָה אֱלֹהֵינוּ אֶת דִּבְרֵי תוֹרָתְךָ בְּפִינוּ וּבְפִי עַמְּךָ בֵּית
יִשְׂרָאֵל. וְנִהְיֶה אֲנַחְנוּ וְצִאֲצָאֵינוּ וְצִאֲצָאֵי עַמְּךָ בֵּית יִשְׂרָאֵל, כְּלָנוּ.
יִוֹדְעֵי שְׁמֶךָ וְלֹמְדֵי תוֹרָתְךָ לְשִׁמְחָה

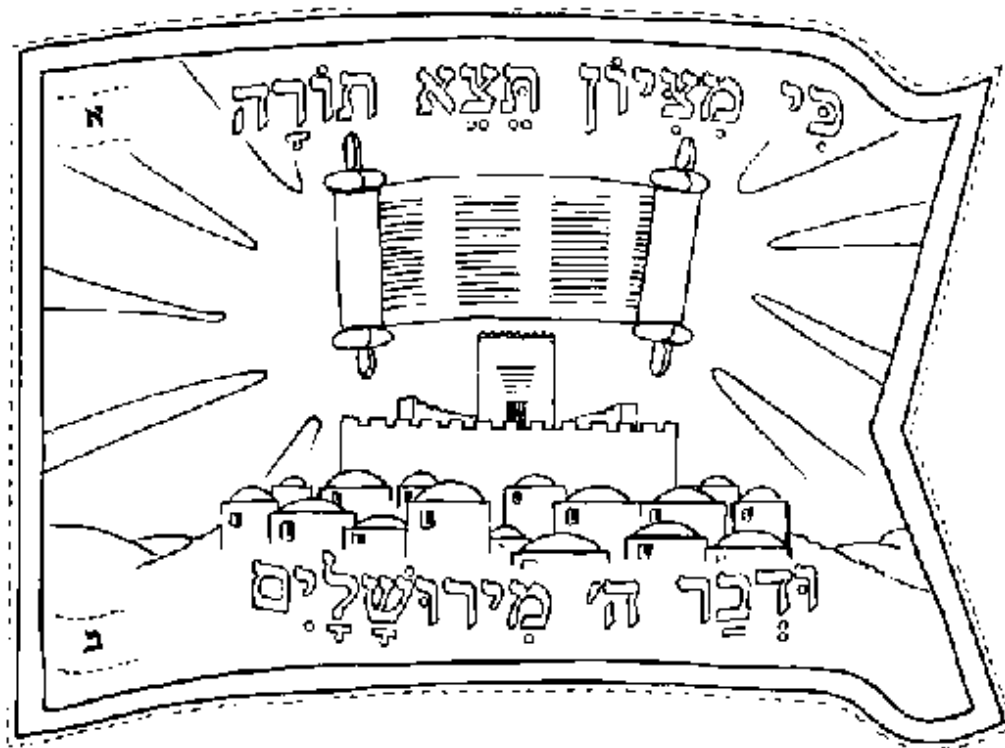
בְּרוּךְ אַתָּה יְהוָה הַמְּלַמֵּד תוֹרָה לְעַמּוֹ יִשְׂרָאֵל

V'ha'erev na Adonoi eloheinu et divrei Toratecha b'feinu u'b'fi amcha
beit Yisrael. V'nehieh anachnu v'tzeiatzainu v'zeiztei amcha beit
Yisrael, kulanu yodeai shemcha u'lomdei Toratecha l'shema.

Baruch ata Adonoi, ha'milamed Torah l'amo Yisrael.

*Please, HASHEM, our God, sweeten the words of your Torah in our
mouth and in the mouth of Your people, the family of Israel. May we
and our offspring and the offspring of Your people, the House of Israel
– all of us – know Your Name and study Your Torah for its own sake.*

Blessed are You, HASHEM, Who teaches Torah to his people Israel.



בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בָּנוּ מִכָּל
הָעַמִּים וְנָתַן לָנוּ אֶת תּוֹרָתוֹ

בָּרוּךְ אַתָּה יְהוָה, נוֹתֵן הַתּוֹרָה

Baruch ata Adonoi, eloheinu melekh ha'olam, asher bachar banu mikol ha'amim, v'natan lanu et Torahto.

Baruch ata Adonoi, notein ha'Torah.

Belssed are You, HASHEM, our God, King of the universe, Who selected us from all the peoples and gave us His Torah.

Blessed are You, HASHEM, Giver of the Torah.



בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נָתַן לִשְׂכּוּי בִינָה
לְהַבְחִין בֵּין יוֹם וּבֵין לַיְלָה

Baruch ata Adonoi eloheinu melekh ha'olam, asher natan l'shcoyei
binah l'havechin bein yom u'vein lila.

*Blessed are You, HASHEM, our God, King of the universe, Who gave
the heart understanding to distinguish between day and night.*

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם. שְׁלֹא עָשִׂנִי גוֹי

Baruch ata Adonoi eloheinu melekh ha'olam sh'lo asani goy

Blessed are You, HASHEM, our God, King of the universe, for not having made me a gentile.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם. שְׁלֹא עָשִׂינִי עֶבֶד

Baruch ata Adonoi eloheinu melekh ha'olam sh'lo asani ah'ved

Blessed are You, HASHEM, our God, King of the universe, for not having made me a slave.

Girls say:

Boys say:

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שְׁעָשִׂינִי כְרָצוֹנוֹ
בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שְׁלֹא עָשִׂינִי אִשָּׁה

Baruch ata Adonoi eloheinu melekh ha'olam, sh'asani kirtzono

Baruch ata Adonoi eloheinu melekh ha'olam sh'lo asani isha

Blessed are You, HASHEM, our God, King of the universe, for having made me according to His will.

Blessed are You, HASHEM, our God, King of the universe, for not having made me a woman.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם פּוֹקֵחַ עִוְרִים

Baruch ata Adonoi eloheinu melekh ha'olam pokeach ivrim

Blessed are You, HASHEM, our God, King of the universe, Who gives sight to the blind.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם מְלַבֵּישׁ עֲרֻמִּים

Baruch ata Adonoi eloheinu melekh ha'olam malbish arumim

Blessed are You, HASHEM, our God, King of the universe, Who clothes the naked.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם מַתִּיר אֲסוּרִים

Baruch ata Adonoi eloheinu melek ha'olam matir asurim

Blessed are You, HASHEM, our God, King of the universe, Who releases the bound.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם זוֹקֵף כְּפוּפִים

Baruch ata Adonoi eloheinu melek ha'olam zokef k'fufim

Blessed are You, HASHEM, our God, King of the universe, Who straightens the bent.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם רוֹקֵעַ הָאָרֶץ עַל הַמַּיִם

Baruch ata Adonoi eloheinu melek ha'olam rokea ha'aretz al ha'mayim

Blessed are You, HASHEM, our God, King of the universe, Who spreads out the earth upon the waters.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שְׁעָשָׂה לִּי כָּל צָרָתִי

Baruch ata Adonoi eloheinu melek ha'olam sh'asah li kol tzarchi

Blessed are You, HASHEM, our God, King of the universe, Who provided me my every need.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמַּכִּין מִצְעָדֵי גִבּוֹר

Baruch ata Adonoi eloheinu melek ha'olam hamachin m'tza'adi gaver

Blessed are You, HASHEM, our God, King of the universe, Who firms man's footsteps.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אוֹזֵר יִשְׂרָאֵל בְּגִבוּרָה

Baruch ata Adonoi eloheinu melekh ha'olam ozer Yisrael b'gvurah

Blessed are You, HASHEM, our God, King of the universe, Who girds Israel with strength.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם עוֹטֵר יִשְׂרָאֵל בְּתִפְאָרָה

Baruch ata Adonoi eloheinu melekh ha'olam oter Yisrael b'tifarah

Blessed are You, HASHEM, our God, King of the universe, Who crowns Israel with splendor.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַנוֹתֵן לַיָּעִף כֹּחַ

Baruch ata Adonoi eloheinu melekh ha'olam ha'noten la'ya'af koach

Blessed are You, HASHEM, our God, King of the universe, Who gives strength to the weary.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם. הַמַּעֲבִיר שְׁנָה מֵעֵינַי וּתְנוּמָה
מֵעַפְעָפִי וַיְהִי רָצוֹן מִלְּפָנֶיךָ יְהוָה אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ שְׁתַּרְגְּלֵנוּ
בְּתוֹרָתְךָ וּדְבָרְךָ בְּמִצְוֹתֶיךָ וְאֵל תְּבִיאֵנוּ לֹא לַיָּדַי חֶטָּא וְלֹא לַיָּדַי עֲבָרָה
וְעוֹן וְלֹא לַיָּדַי נִסְיוֹן וְלֹא לַיָּדַי בְּזִיוֹן וְאֵל תִּשְׁלַט בְּנוּ יֵצֵר הָרָע. וְהִרְחִיקֵנוּ
מֵאֲדָם רָע וּמִחֲבֵר רָע. וּדְבָרְךָ בְּיָצֵר הַטּוֹב וּבְמַעֲשִׂים טוֹבִים. וְכוּף אֶת
יְצִרְנוּ לְהִשְׁתַּעֲבֹד לָךְ. וּתְנֵנוּ הַיּוֹם וּבְכֹל יוֹם לַחַן וּלְחֶסֶד וּלְרַחֲמִים

בְּעֵינֶיךָ וּבְעֵינֵי כָּל רוֹאֵינוּ. וְתִגְמְלֵנוּ חֻסְדִּים טוֹבִים. בְּרוּךְ אַתָּה יְהוָה
הַגּוֹמֵל חֻסְדִּים טוֹבִים לְעַמּוֹ יִשְׂרָאֵל

Baruch ata Adonoi eloheinu melekh ha'olam ha'ma'avir shana m'aini
u'tnuma m'afapi v'yihei ratzon milfanecha Adonoi eloheinu v'elohei avoteinu
sh'targilanu b'toratecha u'davikanu b'mitzvotcha v'el t'viahnu lo leidi chet
v'lo leidi aveira v'avun lo leidi nision v'lo leidi bzion v'el tashlet banu yatzer
ha'ra. V'archeikeinu meh'adam ra u'machabar ra. U'dabkanu b'yetzer
ha'tov u'b'ma'asim tovim. V'chof et yetzreinu l'hesta'abed lach. U'tneinu
ha'yom uv'kol yom la'chen u'l'chesed u'l'rachamim b'einecha u'b'einei kol
ro'einu. V'tegmaleinu chasadim tovim. Baruch ata Adonoi, ha'gomel
chasadim tovim l'amo Yisrael.

*Blessed are You, HASHEM, our God, King of the universe, Who removes
sleep from my eyes and slumber from my eyelids. And may it be Your will,
HASHEM, our God and the God of our forefathers, that You accustom us to
study Your Torah and attach us to your commandments. Do not bring us
into the power of error, nor into the power of transgression and sin, nor into
the power of challenge, nor into the power of scorn. Let not the Evil
Inclination dominate us. Distance us from an evil person and an evil
companion. Attach us to the Good Inclination and to good deeds and
compel our Evil Inclination to be subservient to You. Grant us today and
every day grace, kindness, and mercy in Your eyes and in the eyes of all
who see us, and bestow beneficent kindnesses upon us. Blessed are You,
HASHEM, Who bestows beneficent kindness upon His people Israel.*



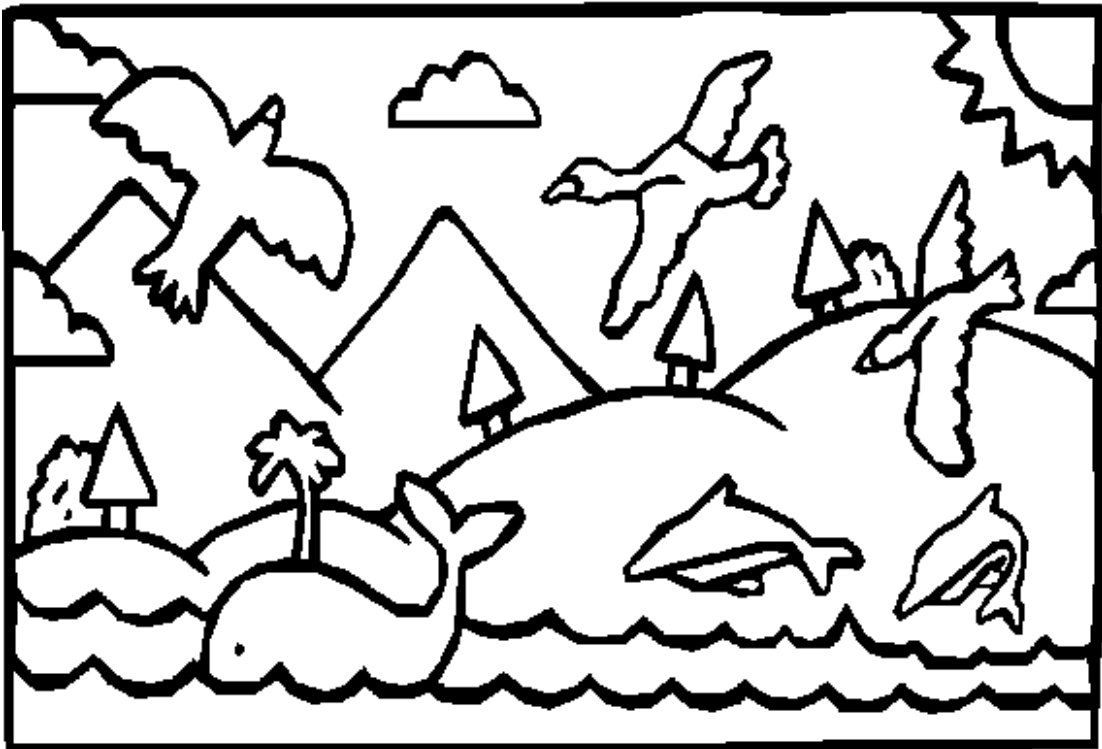
Stand and say:

בְּרוּךְ שְׂאֵמֵר וְהָיָה הָעוֹלָם. בְּרוּךְ הוּא. בְּרוּךְ אוֹמֵר וְעוֹשֶׂה. בְּרוּךְ
גּוֹזֵר וּמְקַיֵּם. בְּרוּךְ עוֹשֶׂה בְּרֵאשִׁית. בְּרוּךְ מְרַחֵם עַל הָאָרֶץ.

בְּרוּךְ מְרַחֵם עַל הַבְּרִיּוֹת. בְּרוּךְ מְשַׁלֵּם שָׂכָר טוֹב לִירְאָיו. בְּרוּךְ
חַי לְעַד וְקַיָּים לְנֶצַח. בְּרוּךְ פּוֹדֶה וּמַצִּיל. בְּרוּךְ שְׂמוֹ

Baruch sh'emer v'haya ha'olam baruch hu. Baruch omer v'oseh. Baruch
gozer u'm'kayem. Baruch oseh b'reishit. Baruch m'rachem al ha'aretz.
Baruch m'rachem al ha'briot. Baruch m'shelem seker tov l'eirav. Baruch
chai l'ad u'kayem l'netzach. Baruch podeh u'matzil, Baruch shemo.

*Blessed is He Who spoke, and the world came into being – blessed is He.
Blessed is He Who maintains creation; blessed is He Who speaks and
does; blessed is He Who decrees and fulfills; blessed is He Who has mercy
on the earth; blessed is He Who has mercy on the creatures; blessed is He
Who gives goodly reward to those who fear Him; blessed is He Who lives
forever and endures to eternity; blessed is He Who redeems and rescues –
blessed is His Name!*



בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הָאֵל אֲבֵ הַרְחָמָן הַמְהַלֵּל בְּפֹה
עַמוֹ. מְשַׁבַּח וּמְפָאֵר בְּלִשׁוֹן חֲסִידָיו וְעַבְדָּיו, וּבְשִׁירֵי דָוִד עַבְדְּךָ. נְהַלְלֶךָ

יְהוָה אֱלֹהֵינוּ בְּשִׁבְחוֹת וּבְזִמְרוֹת, וּנְגִדְלָךְ וּנְשַׁבְּחָךְ וּנְפָאֲרָךְ וּנְמַלִּיכָךְ
וּנְזַכִּיר שְׁמֶךָ מִלְּכֵנוּ אֱלֹהֵינוּ, יְחִיד חַי הָעוֹלָמִים, מֶלֶךְ מְשַׁבַּח וּמְפָאֵר
עַד עַד שְׁמוֹ הַגָּדוֹל

בְּרוּךְ אַתָּה יְהוָה מֶלֶךְ מְהֻלָּל בְּתִשְׁבָּחוֹת

Baruch ata Adonoi eloheinu melekh ha'olam ha'el av ha'rachaman ha'm'hulal b'feh amo. M'shubach u'm'fa'ar bilshon chasidav u'avadav, u'v'shirei Dovid avdecha n'halelecha Adonoi eloheinu b'shvachot u'zmirot, u'n'gadelecha u'n'shab'checha u'n'faehrcha u'nam'leiecha u'naz'kheir shemcha malkheinu eloheinu, yachid chai ha'olamim, melekh m'shubach u'm'fa'ar adei ad shemo ha'gadol. Baruch ata Adonoi, melekh m'hulal b'tishbachot.

Blessed are You, HASHEM, our God, King of the universe, the God, the merciful Father, Who is lauded by the mouth of His people, praised and glorified by the tongue of His devout ones and His servants and through the psalms of David Your servant. We shall laud You, HASHEM, our God, with praises and songs. We shall exalt You, praise You, glorify You, mention Your Name and proclaim Your reign, our King, our God. O Unique One, Life-giver of the worlds, King Whose great Name is eternally praised and glorified. Blessed are You, HASHEM, the King HASHEM is lauded with praises.

אַשְׁרֵי יוֹשְׁבֵי בֵּיתְךָ. עוֹד יְהַלְלוּךָ סֵלָה

Ashrei yoshvei beitecha, od y'halelucha sela

Praiseworthy are those who dwell in Your house; may they always praise you, Selah!

אַשְׁרֵי הָעָם שֶׁכָּחָה לוֹ. אַשְׁרֵי הָעָם שִׁיהוּהוּ אֱלֹהֵיו

Ashrei ha'am shekhakha lo, Ashrei ha'am sh'Adonoi elohav

Praiseowrthy is the people for whom this is so, praiseworthy is the people whose God is HASHEM.

תְּהִלָּה לְדָוִד

T'heilah l'Dovid

A psalm of praise by David:

אֲרוֹמְמָךְ אֱלֹהֵי הַמֶּלֶךְ. וְאֶבְרַכְךָ שִׁמְךָ לְעוֹלָם וָעֶד

Aromemcha elohi ha'melekh, v'avracha shimcha l'olam voed

I will exalt You, my God the King, and I will bless your Name forever and ever.

בְּכָל יוֹם אֶבְרַכְךָ. וְאֶהַלְלָה שִׁמְךָ לְעוֹלָם וָעֶד

B'col yom avrakhecha, v'ahalalah shimcha l'olam voed

Every day I will bless You, and I will laud Your Name forever and ever.

גָּדוֹל יְהוָה וּמְהֻלָּל מְאֹד. וְלִגְדֻלְתּוֹ אֵין חֵקֶר

Gadol Adonoi u'm'hulal meod, u'ligdulato ain cheker

HASHEM is great and exceedingly lauded, and His greatness is beyond investigation.

דּוֹר לְדוֹר יִשְׁבַּח מַעֲשֵׂיךָ. וּגְבוּרֹתֶיךָ יִגִּידוּ

Dor v'dor yishabach ma'asecha, u'g'vuratecha yagidu

Each generation will praise Your deeds to the next and of Your mighty deeds they will tell;

הַדָּר כְּבוֹד הוֹדְךָ. וְדַבְּרֵי נִפְלְאוֹתֶיךָ אֲשִׁיחָה

Hadar kevod hodecha, udivrei nifelatecha asicha

The splendid glory of Your power and Your wondrous deeds I shall discuss.

וְעֲזוֹז נִוְרָאֲתֶיךָ יֹאמְרוּ. וְגִדְלָתְךָ אֲסַפְּרָנָה

V'azuz noratecha yomeru, u'g'dulatecha asfarena

And of Your awesome power they will speak, and Your greatness I shall relate.

זְכָר רַב טוֹבָךָ יִבְיְעוּ. וְצִדְקָתְךָ יִרְנְנוּ

Zecher rav tuvecha yabei'u, utzidkatecha yiraneinu

A recollection of Your abundant goodness they will utter and of Your righteousness they will sing exultantly.

חֲנוּן וְרַחוּם יְהוָה. אַרְךָ אַפִּים וְגָדֹל חֶסֶד

Chanun u'rachum Adonoi, Arach apayim ug'dal chesed

Gracious and merciful is HASHEM, slow to anger and great in kindness.

טוֹב יְהוָה לְכֹל. וְרַחֲמָיו עַל כָּל מַעֲשָׂיו

Tov Adonoi lakhol, u'rachmav al kol ma'asav

HASHEM is good to all; his mercies are on all His works.

יִדוּךָ יְהוָה כָּל מַעֲשֵׂיךָ. וְחַסִּידֶיךָ יְבָרְכוּכָה

Yoducha Adonoi kol ma'asecha, u'chasidecha yivarkhucha

All Your works shall thank You, HASHEM, and your devout ones will bless You.

כְּבוֹד מַלְכוּתְךָ יֹאמְרוּ. וְגִבוּרָתְךָ יִדְבְּרוּ

Kavod malchutecha yomeiru, u'g'vuratecha yidabeiru

Of the glory of Your kingdom they will speak, and of Your power they will tell;

לְהוֹדִיעַ לְבְנֵי הָאָדָם גְּבוּרָתְךָ. וְכְבוֹד הַדָּר מַלְכוּתְךָ

L'hodiya livnei ha'adam g'vurotav, u'kevod hadar malchuto

To inform human beings of His mighty deeds, and the glorious splendor of His kingdom.

מַלְכוּתְךָ מַלְכוּת כָּל עוֹלָמִים. וּמִמְשַׁלְתְּךָ בְּכֹל דּוֹר וָדוֹר

Malchutecha malchut kol olamim, u'memsheltech b'kol dor v'dor

Your kingdom is a kingdom spanning all eternities, and Your dominion is throughout every generation.

סוּמַךְ יְהוּה לְכֹל הַנִּפְּלִים. וְזוֹקֵף לְכֹל הַכְּפוּפִים

Somech Adonoi l'kol hanoflim, v'zokef l'kol ha'k'fufim

HASHEM supports all the fallen ones and straightens all the bent.

עֵינֵי כָל אֱלֵיךָ יִשְׁבְּרוּ. וְאַתָּה נוֹתֵן לָהֶם אֶת אֲכָלָם בְּעֵתוֹ

Ainey kol eleicha yisabeiru, v'ata noten lahem et achilam b'eito

The eyes of all look to You with hope, and You give them their food in its proper time;

פּוֹתַח אֶת יָדְךָ. וּמִשְׂבִּיעַ לְכֹל חַי רָצוֹן

Poteach et yadecha, u'masbiya l'kol chai ratzon

You open your hand, and satisfy the desire of every living thing.

צַדִּיק יְהוּה בְּכָל דְּרָכָיו. וְחָסִיד בְּכָל מַעֲשָׂיו

Tzadik Adonoi b'kol d'rachav, u'chavid b'kol ma'asecha

Righteous is HASHEM in all his ways, and magnanimous in all His deeds.

קָרוֹב יְהוּה לְכֹל קֹרְאָיו. לְכֹל אֲשֶׁר יִקְרָאוּהוּ בְּאֵמֶת

Karov Adonoi l'kol kira'av, l'kol asher yikruhu b'emet

HASHEM is close to all who call upon Him – to all who call upon Him sincerely.

רָצוֹן יִרְאֶוּ יַעֲשֶׂה. וְאֶת שְׁוַעֲתָם יִשְׁמַע וְיִוֹשִׁיעֵם

Ratzon yirahav ya'aseh, v'et shavatam yishma v'yoshiem

He will do the will of those who fear Him; and their cry He will hear, and save them.

שׁוֹמֵר יְהוּה אֶת כָּל אֹהֲבָיו. וְאֶת כָּל הַרְשָׁעִים יִשְׁמִיד

Shomer Adonoi et kol ahavav, v'et kol har'shayim yashmid

Hashem protects all who love Him; but all the wicked He will destroy.

תְּהִלַּת יְהוּה יִדְבֵּר פִּי. וְיִבְרַךְ כָּל בָּשָׂר שֵׁם קָדְשׁוֹ לְעוֹלָם וָעֶד

T'hilat Adonoi yidaber pi, v'yivarech kol basar shem kadsho l'olam voed

May my mouth declare the praise of Hashem, and may all flesh bless His Holy Name forever and ever.

וְאַנְחֵנוּ נְבָרְךָ יְהוָה מֵעַתָּה וְעַד עוֹלָם. הַלְלוּיָהּ

V'anachnu nivarech yah, m'ata v'ad olam, Halleluya

We will bless God from this time and forever, Halleluyah!

הַלְלוּיָהּ, הַלְלוּ אֵל בְּקִדְשׁוֹ, הַלְלוּהוּ בְּרִקְיעַ עֲזָו. הַלְלוּהוּ בְּגִבּוֹרֹתָיו,
הַלְלוּהוּ כָּרֵב גְּדֻלוֹ. הַלְלוּהוּ בְּתִקְעַ שׁוֹפָר, הַלְלוּהוּ בְּנִבְל וְכִנּוֹר.
הַלְלוּהוּ בְּתֹף וּמַחּוֹל, הַלְלוּהוּ בְּמִנִּים וְעֶגְב. הַלְלוּהוּ בְּצִלְצְלֵי שִׁמְע,
הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעָה. כֹּל הַנְּשָׁמָה תְהַלֵּל יְהוָה, הַלְלוּיָהּ כֹּל הַנְּשָׁמָה
תְהַלֵּל יְהוָה, הַלְלוּיָהּ

Haleluya, halelu el b'kadsho, haleluhu ber'kiya uzo. Haleluhu b'gvurotav,
haleluhu k'rov gudlo, haleluhu b'teika shofar, haleluhu b'nevel v'kinor. Haleluhu
b'tof u'machol, haleluhu b'meinim v'ugav. Haleluhu b'tziltzilei shama, haleluhu
b'tziltzilei t'ruah. Kol ha'neshama tehalal yah, haleluya. Kol ha'neshama tehalal
yah, haleluya.

*Halleluyah! Praise God in His Sanctuary; praise Him in the firmament of His
power. Praise Him for His mighty acts; praise Him as befits His abundant
greatness. Praise Him with the blast of the shofar; praise Him with lyre and harp.
Praise Him with drum and dance; praise Him with organ and flute. Praise Him
with clanging cymbals; praise Him with resonant trumpets. Let all souls praise
God, Halleluyah! Let all souls praise God, Halleluyah!*



Stand and say:

יִשְׁתַּבַּח שִׁמְךָ לְעַד מַלְכֵנוּ, הָאֵל הַמֶּלֶךְ הַגָּדוֹל וְהַקְּדוֹשׁ, בְּשָׁמַיִם
וּבָאָרֶץ. כִּי לְךָ נָאָה יְהוָה אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ, שִׁיר וְשִׁבְחָה הַלֵּל
וְזִמְרָה עַז וּמְמִשְׁלָה נִצַּח גְּדֻלָּה וְגִבוּרָה, תְּהִלָּה וְתִפְאָרֶת, קְדוּשָׁה
וּמַלְכוּת, בְּרָכוֹת וְהוֹדָאוֹת מֵעַתָּה וְעַד עוֹלָם. בָּרוּךְ אַתָּה יְהוָה, אֵל
מֶלֶךְ גָּדוֹל בְּתִשְׁבָּחוֹת, אֵל הַהוֹדָאוֹת, אֲדוֹן הַנִּפְלְאוֹת, הַבּוֹחֵר בְּשִׁירֵי
זִמְרָה, מֶלֶךְ אֵל חַי הָעוֹלָמִים

Yishtabach shimcha l'ad malkeinu, ha'el ha'melekh ha'gadol v'ha'kadosh,
b'shamayim u'ba'aretz. Ke lecha naeh Adonoi eloheinu v'elohei avoteinu, shir
u'sh'vecha hallel v'zimra, oz u'memshela, netzach g'dulah u'g'vurah, tehila
u'tiferet, k'dusha u'malchut, brachot v'hodaot m'ata v'ad olam. Baruch ata
Adonoi, el melekh gadol b'tishbachot, el haodaot, adon ha'niflaot, ha'bocher
b'shinei zimra, melekh el chei ha'olamim.

May your name be praised forever – our King, the God, the great and holy King – in heaven and on earth. Because for You is fitting – O HASHEM, our God and the God of our forefathers – song and praise, lauding and hymns, power and dominion, triumph, greatness and strength, praise and splendor, holiness and sovereignty, blessings and thanksgivings from this time and forever. Blessed are You, HASHEM, God, King exalted through praises, God of thanksgivings, Master of wonders, Who chooses musical songs of praise – King, God, Life-giver of the world.





Cover your eyes with your right hand and say:

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה
אֶחָד

Shema Yisrael, Adonoi eloheinu, Adonoi echad.

Hear, O Israel: HASHEM is our God, HASHEM, the One and Only.

Silently say:

בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Baruch shem kavod malchuto l'olam voed

Blessed is the name of his glorious kingdom for all eternity.

וְאַהֲבַת אֶת יְהוָה אֱלֹהֶיךָ בְּכָל לִבְבְּךָ וּבְכָל נַפְשְׁךָ וּבְכָל מְאֹדְךָ וְהָיוּ
הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אָנֹכִי מְצַוְּךָ הַיּוֹם עַל לִבְבְּךָ וְשִׁנְתָם לְבָנֶיךָ
וְדִבַּרְתָּ בָם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלִקְוֹתְךָ בַּדֶּרֶךְ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ
וְקִשְׁרָתָם לְאוֹת עַל יְדֶךָ וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ וּכְתַבְתָּם עַל מְזֻזֹת
בֵּיתְךָ וּבְשַׁעְרֶיךָ

V'ahavta et Adonoi elohecha b'kol l'vavcha u'vkol nafshecha u'vkol meodecha, v'hayu ha'dvarim ha'eleh, asher anochi m'tzvavecha, ha'yom al l'vavecha v'shinantam l'vanecha v'dibarta bam, b'shivtecha b'beitecha u'v'lechtecha baderekh u'shachbecha u'v'kumecha u'k'shartam leot al yadecha v'hayu l'totafot bein einecha, u'k'tavtam al mizuzot beitecha u've'sharecha.

You shall love HASHEM, your God, with all your heart, with all your soul and with all your resources. Let these matters that I command you today be upon your heart. Teach them thoroughly to your children and speak of them while you sit in your home, while you walk on the way, when you retire and when you arise.



*Bind them as a sign upon your arm and let them be tefillin between your eyes.
And write them on the doorposts of your house and upon the gates.*

Take three steps forward as we 'approach' God in the Shemoneh Esrei prayer as we say:

אֲדֹנָי שַׁפְּתַי תִּפְתַּח וּפִי יִגִּיד תְּהִלָּתֶךָ

Adonoi safati tiftach, u'fe yagid t'hilatecha.

My Lord, open my lips, that my mouth may declare Your praise.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי אַבֹּתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק,
יַעֲקֹב, הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא אֵל עֲלִיוֹן, גּוֹמֵל חַסְדִּים טוֹבִים, וְאֱלֹהֵי
יְקוּנָה הַכֹּל, וְזוֹכֵר חַסְדֵי אֲבוֹת, וַיִּמְבִּיא גּוֹאֵל לְבָנָי בְּנֵיהֶם לְמַעַן שְׁמוֹ
בְּאַהֲבָה

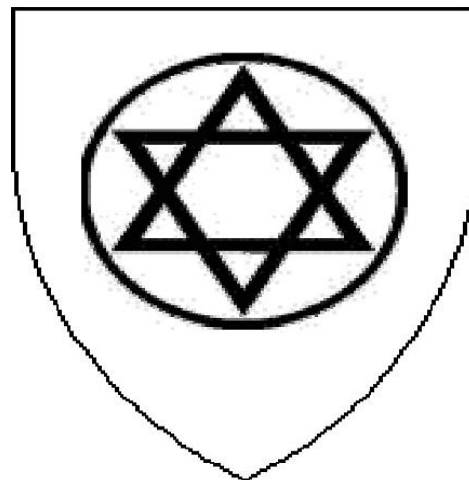
מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמַגֵּן. בָּרוּךְ אַתָּה יְיָ, מַגֵּן אַבְרָהָם

Baruch ata Adonoi, eloheinu v'elohei avoteinu, elohei Avraham, elohei Yitzhok,
v'elohei Ya'akov, ha'el ha'gadol ha'gibur v'ha'nora el alyon, gomel chasadim tovim,
v'koney ha'kol, v'zocher chasdei avot, u'mayvie goel livnei b'neichem, l'ma'an shemo
b'ahava.

Melekh ozer u'moshia u'magen, Baruch ata Adonoi, magen Avraham.

Blessed are You, HASHEM our God and the God of our forefathers, God of Abraham, God of Isaac and God of Jacob; the great, mighty and awesome God, the supreme God, Who bestows beneficial kindnesses and creates everything, Who recalls the kindnesses of the Patriarchs and brings a Redeemer to their children's children, for His Name's sake, with love.

O King, Helper, Savior and Shield. Blessed are You, HASHEM, Shield of Abraham.



אַתָּה גְּבוּר לְעוֹלָם אֲדוֹנָי, מְחַיֶּה מֵתִים אַתָּה רַב לְהוֹשִׁיעַ

Ata gibur l'olam Adonoi, me'chayei maytim ata rav l'hoshiya

You are eternally mighty, my Lord, the Resuscitator of the dead are You; abundantly able to save.

Between Shemini Atzeret and Pesach, add:

מְשִׁיב הַרוּחַ וּמוֹרִיד הַגֶּשֶׁם

Mashiv ha'ruach u'moreed ha'gashem.

He makes the wind blow and He makes the rain fall.

**מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֶּה מֵתִים בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים,
וְרוֹפֵא חוֹלִים וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֱמוּנָתוֹ לִישְׁנֵי עֶפֶר, מִי כְמוֹךָ
בְּעַל גְּבוּרוֹת וּמִי דוֹמֵה לָךְ, מֶלֶךְ מֵמִית וּמְחַיֶּה וּמְצַמִּיחַ יֵשׁוּעָה**

Mi'kalkel chayim b'chesed, me'chayei maytim b'rachamim rabim, somech noflim v'rofei cholim, u'matir asurim, u'mi'kayem emunato, lisheinei afar, mi kemocha ba'al g'vurot, u'mi domeh lach, melekh meymeit, u'me'chayei, u'matzmiach yeshua.

He sustains the living with kindness, resuscitates the dead with abundant mercy, supports the fallen, heals the sick, releases the confined, and maintains His faith to those asleep in the dust. Who is like You, O Master of mighty deeds, and who

is comparable to You, O King Who causes death and restores life and makes salvation sprout!

וְנֶאֱמַן אֶתְּהָ לְהַחְיֹת מֵתִים. בָּרוּךְ אַתָּה יְהוָה, מְחַיֵּה הַמֵּתִים.

V'ne'eman ata l'ha'chayot metim. Baruch ata Adonoi, me'chayei ha'maytim
And You are faithful to resuscitate the dead. Blessed are You, HASHEM, Who resuscitates the dead.

אַתָּה קָדוֹשׁ וְשִׁמְךָ קָדוֹשׁ וְקְדוֹשִׁים בְּכָל יוֹם יְהַלְלוּךָ סְלָה. בָּרוּךְ אַתָּה יְהוָה, הָאֵל הַקָּדוֹשׁ

Ata kadosh v'shimcha kadosh, v'kedoshim b'kol yom yehalelucha selah. Baruch ata Adonoi, ha'el ha'kadosh.

You are holy and Your Name is holy, and holy ones praise You every day, forever. Blessed are You, HASHEM, the holy God.

For the remainder of the Shmoneh Esrei – Amidah, please see a standard Siddur.

שִׁים שְׁלוֹם, טוֹבָה, וּבְרָכָה, חֵן, וְחֶסֶד וְרַחֲמִים עָלֵינוּ. וְעַל כָּל יִשְׂרָאֵל עִמָּךְ. בָּרַכְנוּ אֲבֵינוּ כְּלָנוּ כְּאֶחָד בְּאוֹר פְּנִיךָ, כִּי בְּאוֹר פְּנִיךָ נִתְּתָ לָנוּ יְהוָה אֱלֹהֵינוּ, תּוֹרַת חַיִּים וְאַהֲבַת חֶסֶד, וְצִדְקָה, וּבְרָכָה, וְרַחֲמִים, וְחַיִּים, וְשְׁלוֹם. וְטוֹב בְּעֵינֶיךָ לְבָרֵךְ אֶת עַמְּךָ יִשְׂרָאֵל, בְּכָל יְעַת וּבְכָל שָׁעָה בְּשִׁלּוֹמְךָ

בָּרוּךְ אַתָּה יְהוָה, הַמְּבָרֵךְ אֶת עַמּוֹ יִשְׂרָאֵל בְּשְׁלוֹם

Sim shalom, tova, u'vracha, chen, v'chesed, v'rachamim, aleinu v'al kol Yisrael amecha. Barchenu aveinu, kulanu k'echad, b'or panecha, ki b'or panecha, natata lanu Adonoi eloheinu, Torat chayim v'ahavat chesed, u'tzedaka, u'vracha, v'rachamim, v'chayim v'shalom. V'tov b'einecha l'varech et amecha Yisrael, b'kol et u'b'kol sha'ah b'shlomecha.

Baruch ata Adonoi, ha'mivarekh amo Yisrael ba'shalom.

Establish peace, goodness, blessing, graciousness, kindness and compassion upon us and upon all of Your people Israel. Bless us, our Father, all of us as one, with the light of your countenance, for with the



light of Your countenance You gave us, HASHEM our God, the Torah of life and a love of kindness, righteousness, blessing, compassion, life, and peace. And may it be good in Your eyes to bless Your people Israel, in every season and in every hour with Your peace. Blessed are You, HASHEM, Who blesses His people Israel with peace.

Stand and say:

אֵין כְּמוֹךָ בְּאֱלוֹהִים אֲדֹנָי וְאֵין כְּמַעֲשֶׂיךָ. מַלְכוּתְךָ מַלְכוּת כָּל עֲלָמִים
וּמְשַׁלְתְּךָ בְּכָל דּוֹר וְדוֹר.

יְהוָה מֶלֶךְ, יְהוָה מֶלֶךְ, יְהוָה יְמִלְךָ לְעֵלָם וָעֵד.

יְהוָה עַז לְעַמּוֹ יִתֵּן, יְהוָה יְבָרֵךְ אֶת עַמּוֹ בְּשָׁלוֹם

Ain kemocha b'elohim Adonoi, v'ain ke'ma'asecha. Malchutecha malchut kol olamim, u'memsheltechu b'kol dor v'dor.

Adonoi melekh, Adonoi malach, Adonoi imloch l'olam vaed.

Adonoi oz l'amo iten. Adonoi yivarech et amo ba'shalom.

There is none like You among the gods, my Lord, and there is nothing like Your works. Your kingdom is a kingdom spanning all eternities, and Your dominion is throughout every generation. HASHEM reigns, HASHEM has reigned, HASHEM shall reign for all eternity. HASHEM will give might to His people; HASHEM will bless His people with peace.

וְיֵהִי בְּנוֹסַע הָאָרוֹן וַיֹּאמֶר מֹשֶׁה קוּמָה יְהוָה וַיִּפְצוּ אִיבֵיךָ וַיִּנָּסוּ מִשְׁנֵאֵיךָ
מִפְּנֵיךָ

כִּי מִצִּיּוֹן תֵּצֵא תוֹרָה וּדְבַר יְהוָה מִירוּשָׁלַיִם
בְּרוּךְ שְׁנַתֵּן תוֹרָה לְעַמּוֹ יִשְׂרָאֵל בְּקִדְשׁוֹ

V'yehei binsoh ha'aron v'yomer Moshe, Kumah Adonoi v'yafutzu oyvecha, v'yanusu misanecha mi'panecha. Ki me'tzion, taytzei Torah, u'd'var Adonoi m'Yerushalayim.

Baruch sh'natan Torah l'amo Yisrael b'kedushato.

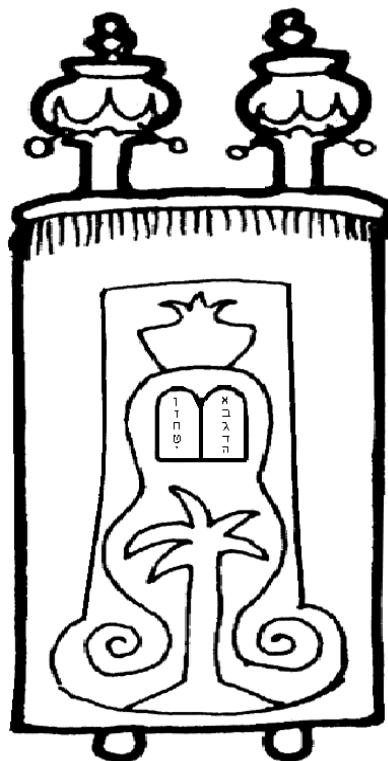
When the ark would travel, Moses would say, 'Arise, HASHEM, and let Your foes be scattered, let those who hate You flee from You.' For from Zion will the Torah come forth and the word of HASHEM from Jerusalem.

Blessed is He Who gave the Torah to His people Israel in His holiness.

זֹאת הַתּוֹרָה אֲשֶׁר שָׁחַ
מֹשֶׁה לְפָנֵי בְּנֵי יִשְׂרָאֵל
עַל פִּי יְהוָה בְּיַד מֹשֶׁה

V'zot ha'Torah, asher sahm
Moshe, lifnei b'nei Yisrael, al pi
Adonoi, b'yad Moshe.

This is the Torah that Moses placed before the Children of Israel upon the command of HASHEM, through Moses' hand.



עץ חיים היא למחזיקים בה. ותמכה
מאשר
דרכיה דרכי נעם וכל נתיבותיה שלום
השיבנו יהוה אליך ונשובה.
חדש ימינו כקדם.



Etz chayim he, le'machazikim ba, v'tomcheiha m'ushar.

D'racheiah darchei noam, v'kol nteivoteah shalom.

Hashiveinu Adonoi, elecha v'nashuva.

Chadesh yameinu ke'kedem.

It is a tree of life for those who grasp it, and its supporters are praiseworthy. Its ways are ways of pleasantness and all its paths are peace.

Bring us back to You, HASHEM, and we shall return, renew our days as of old.

Stand and say:

עֲלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל. לְתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית. שְׁלֵא עָשָׂנוּ כְּגוֹיֵי
הָאָרְצוֹת. וְלֹא שָׁמְנוּ כְּמִשְׁפָּחוֹת הָאָדָמָה. שְׁלֵא שָׁמ חֶלְקֵנוּ כְּהֵם
וְגוֹרְלֵנוּ כְּכָל הַמוֹנָם. וְאַנְחֵנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים לְפָנֵי מֶלֶךְ
מְלִכֵי הַמַּלְאָכִים הַקְּדוֹשׁ בְּרוּךְ הוּא

Aleinu lishabeach l'adon ha'kol, latet g'dula l'yotzer b'reishit, sh'lo asanu c'goyey ha'aratzot, v'lo samanu c'mishpachot ha'adama, sh'lo sahm chelkeinu ka'hem, v'goraleinu ka'kol ha'monam. V'anachnu kor'im u'meshtachavim u'modim, lifnei melekh, malchei ha'malachim, ha'kadosh baruch hu.

It is our duty to praise the Master of all, to ascribe greatness to the Molder of primeval creation, for He has not made us like the nations of the lands and has not emplaced us like the families of the earth; for He has not assigned our portion like theirs nor our lot like all their multitudes. But we bend our knees, bow, and acknowledge our thanks before the King Who reigns over kings, the Holy One, Blessed is He.

שְׁהוּא נוֹטֵה שָׁמַיִם וְיוֹסֵד אֶרֶץ, וּמוֹשֵׁב יְקָרוּ בְּשָׁמַיִם מִמַּעַל, וְשֹׁכֵינֵת
עֲזוּ בְּגַבְהֵי מְרוֹמִים. הוּא אֱלֹהֵינוּ אֵין עוֹד. אֶמֶת מַלְכֵנוּ, אֶפְס זוּלָּתוּ,
כְּתוּב בְּתוֹרָתוֹ: וַיִּדְעַת הַיּוֹם וְהִשְׁבַּת אֶל לְבַבָּהּ, כִּי יְהוֹה הוּא
הָאֱלֹהִים בְּשָׁמַיִם מִמַּעַל וְעַל הָאָרֶץ מִתַּחַת, אֵין עוֹד

Sh'hu noteh shamayim v'yosed aretz, u'moshav yikaro b'shamayim mima'al, u'sh'chinat uzo b'gavhei m'romim. Hu eloheinu, ain od. Emet malkeinu, efes zulato, ka'katuv b'torato: v'yadata ha'yom h'ha'shibota el levavecha, ki Adonoi hu ha'elohim, ba'shamayim mima'al, v'al ha'aretz mitachat, ain od.

He stretches out heaven and establishes earth's foundation, the seat of His homage is in the heavens above and His powerful Presence is in the loftiest heights. He is our God and there is none other. True is our King, there is nothing beside Him. As it is written in His Torah: 'You are to know this day and take to your heart that HASHEM is the only God – in heaven above and on the earth below – there is none other.'



On Shabbat we sing:

	אֵין כַּאֲדוֹנֵנוּ	אֵין כַּאֲלֹהֵינוּ
Ain k'adoneinu		Ain k'eloheinu
	אֵין כְּמוֹשִׁיעֵנוּ	אֵין כְּמַלְכֵנוּ
Ain k'moshiainu		Ain k'malkeinu
	מִי כַּאֲדוֹנֵנוּ	מִי כַּאֲלֹהֵינוּ
Mi k'adoneinu		Mi k'eloheinu
	מִי כְּמוֹשִׁיעֵנוּ	מִי כְּמַלְכֵנוּ
Mi k'adoneinu		Mi k'eloheinu
	נוֹדֶה לַאֲדוֹנֵנוּ	נוֹדֶה לַאֲלֹהֵינוּ
Nodeh k'adoneinu		Nodeh k'eloheinu
	נוֹדֶה לְמוֹשִׁיעֵנוּ	נוֹדֶה לְמַלְכֵנוּ
Nodeh k'adoneinu		Nodeh k'eloheinu
	בְּרוּךְ אֲדוֹנֵנוּ	בְּרוּךְ אֱלֹהֵינוּ
Baruch k'adoneinu		Baruch k'eloheinu
	בְּרוּךְ מוֹשִׁיעֵנוּ	בְּרוּךְ מַלְכֵנוּ
Baruch k'adoneinu		Baruch k'eloheinu
	אֲתָה הוּא אֲדוֹנֵנוּ	אֲתָה הוּא אֱלֹהֵינוּ
Ata hu k'adoneinu		Ata hu k'eloheinu

אַתָּה הוּא מוֹשִׁיעֵנוּ

אַתָּה הוּא מַלְכֵנוּ

Ata hu k'adoneinu

Ata hu k'eloheinu

אַתָּה הוּא שֶׁהַקִּטְּוֹיִרוֹ אֲבוֹתֵינוּ לְפָנֶיךָ אֶת קִטְרֵת הַסַּמִּים

Ata hu sh'hiktiru avoteinu lifanecha et k'toret ha'samim

There is none like our God; there is none like our Master;
there is none like our King; there is none like our Savior.

Who is like our God; who is like our Master;
who is like our King; who is like our Savior.

Let us thank our God; let us thank our Master;
let us thank our King; let us thank our Savior.

Blessed is our God; blessed is our Master;
blessed is our King; blessed is our Savior.

It is You Who is our God; it is You Who is our Master;
it is You Who is our King; it is You Who is our Savior.

It is You before Whom our forefathers burned the spice-incense.

